



ARTHRITIS, RHEUMATISM & PAIN CLINIC

DR. VISHAL KAURA AGGARWAL

MD (Medicine), Fellowship (Rheumatism), SCR (Royal College of Physicians, UK)
Consultant Rheumatologist



Meet Dr Vishal Kaura Aggarwal a senior Rheumatologist with a passion for diagnosing, evaluating, and managing rheumatic and musculoskeletal diseases. With years of specialized training and experience, Dr. Aggarwal is an expert in the field of rheumatology and is dedicated to providing her patients with the highest quality care.

Dr. Aggarwal earned her undergraduate medical degree from the prestigious Govt Medical college, Patiala and then postgraduate degree in Medicine from Govt Medical college, Amritsar and went on to complete her residency in Internal Medicine

from Govt Medical college, Amritsar and went on to complete her residency in Internal Medicine in Safdarjung hospital, New Delhi. She then pursued a fellowship in Rheumatology in Indian Spinal Injuries center, New Delhi under the mentorship of professor Anand Malviya who is considered to be the father of Rheumatology in India. Here she honed her skills in diagnosing and managing a wide range of rheumatic diseases.

As a practicing rheumatologist, Dr. Aggarwal has a special interest in joint and soft tissue interventions that are ultrasound-guided, which allows for greater precision and accuracy in diagnosis and treatment. She is also well-versed in the latest techniques and technologies for evaluating and managing rheumatic diseases, including the use of

biologic agents and immunomodulatory therapies.

Dr. Aggarwal, is a member of several professional organizations, including the Indian Rheumatology Association, Association of physicians of India, Indian Medical association and Delhi Medical association and has published articles and papers in peer-reviewed journals.

When she's not seeing patients, Dr. Aggarwal enjoys meditating and spending time with her family. She is committed to providing the highest quality care to all of her patients and looks forward to meeting you

Some common rheumatic and musculoskeletal diseases are Rheumatoid

Some common rheumatic and musculoskeletal diseases are Rheumatoid arthritis, ankylosing spondylitis, osteoarthritis, psoriatic arthritis, gout, Lupus (SLE), scleroderma, Sjogren's disease, MCTD, overlap syndromes Dermatomyositis, vasculitis, fibromyalgia

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